## YEARBOOK

CNUCOM 2025-2026







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## MESSAGE FROM PRESIDENT ALVIN CHEUNG

Congratulations to all students on completing another successful academic year and moving one step closer to becoming caring physicians—especially the Class of 2025. Since our journey began in 2010, we, the founders of this University, have shared both triumphs and challenges in building this medical college. The sacrifices of time, resources, and effort made along the way have created indelible memories, and your achievements today continue to be a profound source of pride and joy for CNU.

As we look forward, we must remain grounded in the core values that define CNU: "W.E. C.A.R.E." Working as a team; Embracing diversity, inclusion, equal opportunity, and campus excellence; Caring about our students, our staff, our faculty, and our profession; Advancing our university, our goals, and our discipline; Responding to challenges that may impede our Mission; Enhancing communication and partnership. These values are reflected daily through the dedication of our students, faculty, staff, preceptors, administrators, and trustees. Together, we strive to foster an environment that supports learning, teaching, and academic excellence. The results are clear: success follows when we uphold these principles. Yet, greater opportunities still await us—not only in the future but also in the present. Why wait to do better tomorrow when we can choose to act today?

Our commitment to "WE CARE" is evident in bold initiatives such as building our teaching hospital, planning residency programs, and adopting innovative technologies to advance education. But these accomplishments are meaningful only if each member of our community—students, faculty, staff, and administrators—embraces responsibility and contributes to our shared success. My hope is that the spirit of "WE CARE" becomes second nature, guiding our thoughts, deepening our commitment, and inspiring consistent action—both within CNU and in our professional and personal lives.

I am confident that your experience here, alongside the sacrifices, selflessness, and unwavering dedication of the founders and faculty, will inspire you to carry this vision forward. Let it shape not only your careers in medicine but also your purpose in life: to serve with compassion, excellence, and care

ALVIN CHEUNG, PHARMD, MHSA President & CEO

## MESSAGE FROM DEAN RICHARD S. ISAACS

Dear Graduating Class of 2025,

As you embark on your journey into the medical profession, you enter one of the most noble and rewarding careers. Your work as doctors will be crucial to the health and well-being of individuals, families, and communities. You have a significant opportunity to make a positive impact.

The COVID-19 pandemic has underscored the vital role of physicians. You have witnessed firsthand the unwavering dedication of medical professionals in caring for patients and safeguarding lives since you first joined us at CNUCOM.

As you prepare for the rigorous journey of residency training, remember the importance of "taking a pause." As Dr. Vivek Murthy, our Surgeon General, reminds us, moments of reflection are opportunities for tranquility that we must seek out. These pauses allow us to gather our thoughts, march forward with clarity and purpose, and rejuvenate our energy.

Consider the heart's two phases: systole, the vigorous contraction, and diastole, the serene relaxation. While systole pumps oxygenated blood to the body, it is during diastole that the heart actually replenishes itself. Similarly, in your busy lives, find your own moments of respite to sustain and nourish yourselves.

In my own journey, I cherish three symbolic artifacts that embody "The Pause":

1. An autographed memento of the 1980 US Olympic Hockey Team's victory, exemplifying the power of teamwork and collaboration.

2. A Mandalorian mask from Star Wars, reminding me of the virtue of courage, essential

in navigating uncertainty and advocating for others.

3. A replica Ford Mustang dashboard turntable playing soulful Motown records, a tribute to my roots and the unwavering support of loved ones.

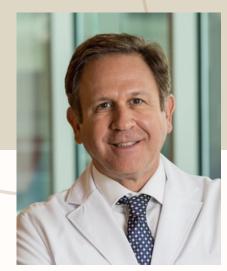
As you embark on residency, seek solace in "the pause" and find inspiration in the people and things that matter to you.

To the Class of 2025, know that the nation is incredibly proud of your accomplishments. May you find great success and fulfillment in the noblest of professions.

Congratulations,

#### **RICH**

Richard Isaacs, MD, FACS Dean and Senior Vice President of Medical and Academic Affairs Professor of Otolaryngology



## BOARD OF TRUSTEES



Wai Chan, DDS Chair



Margaret Delmore, MD, DDS Vice Chair



Alvin Cheung, PharmD, MHSA



Robert DeBruin, MD, F.A.C.P



Charles Dominguez, PharmD



Shelton Duruisseau, PhD



Thomas Gold, PhD



Andrey
Mikhailitchenko, DBA



Winnie Tan, MD



Amy Tong, MBA

Not Pictured
Paul Wagstaffe, JD, Esq.,
Counsel to the Board

### **BOARD OF DIRECTORS**



Alvin Cheung, PharmD, MHSA



Frank Cable, PharmBS



Jim Bunse, PharmBS, Hon. PharmD



Norman Fong, PharmBS



Carl Hsu, MD



Lester Pan, MD, PharmD



Gordon A. Wong, MD, FACP, FCCP

<u>Not pictured</u> Stanley Lee, PharmD Paul Wagstaffe, JD, Esq.

## BASIC SCIENCE FACULTY



Ghalib Alkhatib, PhD Chairman of Basic Science, Professor of Microbiology



**Edward Chang, MD, FACS, DDS** Assistant Dean of Medical Education, Clinical Professor of Otolaryngology



Christine Deere, PhD Assistant Dean of Student Affairs and Admissions, Associate Professor of Biology and Microbiology



Islam Mohamed, PhD, PharmBS, MS Assistant Dean of Faculty Affairs



Mohamed Ahmed, MBChB, MSc Assistant Professor of Anatomy



Fakhrul Ahsan, PhD Professor of Pharmacology and Chief Scientific Officer



John Cusick, PhD Professor of Immunology, Cell Biology, and Biochemistry and Foundations Course Director



Elena Dedkova, DVM, PhD Associate Professor of Physiology



Alan Ernst, PhD Assistant Professor of Anatomy and Neuroscience



Valerie Gerriets, PhD Associate Professor of Pharmacology, Biochemistry, and Immunology



Yifan Li, MD, PhD, MSc Professor of Physiology



Eslam Mohamed, PhD, PharmBS Assistant Professor of Medical Immunology



Jose Puglisi, PhD Assistant Professor of Physiology and Biostatistics



Anura W.G. Ratnasiri, PhD, MSc Associate Professor of Research



Sailabala Vanguri, MD Associate Professor of Human Anatomy



Charles Ware, DHEd, MS Assistant Professor and Senior Director of Education



Han-Rong Weng, MD, PhD Associate Professor of Pharmacology



Catherine Yang, PhD Vice President of Academic Affairs & Research

<u>Not pictured</u> Shiv Sudhakar, MD Assistant Professor of Internal Medicine

### CLINICAL SCIENCE FACULTY



Thamir Essayyad, MD Chairman of Clinical Science, Assistant Professor of Emergency Medicine



Rajendra Ramsamooj, MD Assistant Dean of Curriculum, Professor of Pathology



Yinka Davies, MD, MS
Assistant Dean of Diversity
and Inclusion, Associate
Clinical Professor
Gastroenterology and GI CoCourse Director



John Bissell, MD Professor of Clinical Neurology



Evan Bloom, MD Assistant Professor of Medical Skills



Howard Capon, MD Assistant Professor of Medical Skills



John Chuck, MD Professor of Family Medicine and Chief Wellness Officer



Carol Conrad-Forrest, MD Assistant Professor of OBGYN and Clerkship Co-Director



Floyd Culler, MD Professor of Pediatrics, Endocrinology, and Clinical Skills



Guy diSibio, MD, PhD Associate Professor of Pathology, Molecular Genetics and Clinical Skills



Wala Fadol, MD Associate Professor of Medicine



John Fitz-Gibbon, MD Associate Professor of Internal Medicine



Dermet Fong, MD Assistant Professor of Internal Medicine



Mark Glatt, DO, FACP Assistant Professor of Internal Medicine



Tim Grennan, MD Professor of Internal Medicine

## CLINICAL SCIENCE FACULTY



Debra Karling, MD Assistant Professor of Internal Medicine and Rheumatology



Albin Leong, MD, ATSF Professor of Pediatrics and Pediatric Pulmonology



Mark Levy, MD Assistant Professor of Internal Medicine



Forshing Lui, MD Professor of Neurology



John Lutch, MD Associate Professor of Pulmonary and Course Director



Dana Miller-Blair, MD, FACR, FACP Asst. Prof. of Medical Skills, Professor of IM and Rheumatology



Amy Nuismer, MD Assistant Professor of Psychiatry



Adedeji Okikiade, MD, PhD Assistant Professor of Pathology and Course Director of Hematology



David Pai, MD, FASN, MBA Associate Professor of Medical Skills, Renal System Course Director



Andrew Pollock, MD Associate Professor of Internal Medicine and Medical Skills



Sarah Preiss-Farzanegan, MD, FAAPMR Assistant Professor of Internal Medicine and Medical Skills Co-course Director



Nalin Ranasinghe, MD Assistant Clinical Professor of Emergency Medicine



Martin Rubin, MD Associate Professor of Psychiatry



Mark Sheffield, MD, PhD Associate Professor of Physiology, Endocrinology, and Clinical Skills



Gurpreet Sodhi, MD Instructor for Cardiology and Cardiovascular/Pulmonary Systems Course



Susan Stevens, MD Associate Professor of Endocrinology and Medical Skills



Dana Weisshaar, MD, FACC Professor of Medicine and Cardiology

Not pictured
Suvag Patnaik, MD, MPH
Assistant Professor of Occupational
Medicine and Clinical Skills

### CLINICAL EDUCATION FACULTY



Ed Lee, MD, MPH
Chairman of Clinical
Education, Director of
Clinical Informatics
and Assistant
Professor of Internal
Medicine



Roger Woodruff, MD, FAAFP Professor of Family Medicine and Vice-Chair of Clinical Education



Eldo Frezza, MD, FACS, MBA Professor, Surgery Clerkship Director and Assistant Dean of Research



Jennifer Gullo, MD
Assistant Clinical
Professor, M3 OSCE
Director and Assistant
Dean of Faculty
Affairs and
Development



Randall Enstrom, MD Associate Professor of Radiology



Theodore Hoehn, MD Assistant Professor, M3 Director, and Emergency Medicine Clerkship Director



Zahid Iqbal, MD Assistant Professor of Internal Medicine and Clerkship Director



Anthony Kelada, MD Assistant Clinical Professor of Psychiatry and Clerkship Director



Brenden Tu, MD, MS, FAAFP Assistant Clinical Professor of Family Medicine and Clerkship Director



Marketa Leisure, MD, FAAP Assistant Clinical Professor of Pediatrics and Clerkship Director



Alexander Locke, MD Associate Professor of Obstetrics and Gynecology and Clerkship Director



Mohammad Mahmood, MD Associate Clinical Professor of Neurology and Clerkship Director



Leonard Ranasinghe, MD, PhD Professor of Medical Education, M4 Electives and Sub-Internships Director



David Yee, MD, MPH Associate Dean of Clinical Medicine

<u>Not pictured</u> Wen-Ta Chiu, MD, Dr.PH Associate Dean of Clinical Medicine, AHMC Health

Lakhjit Sandhu, MD, FACC Associate Dean of Clinical Medicine, St. Agnes

### STAFF

#### OFFICE OF STUDENT AFFAIRS AND ADMISSIONS



Feiran Hu, EMBA Director of Admissions



Lien Lu, BS Admissions & Student Services Coordinator



Ziyue Zheng, BA Administrative Assistant of Admissions, Student Affairs and Outreach

#### **CLINICAL EDUCATION**



Wesly Tse, BS Clerkship Coordinator Supervisor



Rosamaria Cerezo, BA Lead Clerkship Coordinator



Andrew (Peter) Cajator, BS Clerkship Coordinator II



Flichard Delosreyes, BA Clerkship Coordinator II



Patricia Gutierrez, BS Clerkship Coordinator II



Andrea Ramirez, BA Clerkship Coordinator II



Mark Shestko, AA Clerkship Coordinator I



Michelle Yang, BS Clerkship Coordinator I

### STAFF

#### OFFICE OF THE DEAN

#### OFFICE OF MEDICAL EDUCATION



Linnae Enberg **Executive Assistant to** the Dean



Sienna Benton, MFA Accreditation and Media Specialist

#### OFFICE OF ACADEMIC AND CAREER ADVISING

OFFICE OF CURRICULUM



Kamaljit Kaur, BS Academic and



Wai Lin Tun, MA Academic and Progression Specialist Progression Specialist



Maria Pham Administrative Assistant



Susan Thao, AA Curriculum Administrative Coordinator



Maricella Villalovoz, BS Curriculum Administrative Coordinator

#### **BASIC SCIENCE**

Frank Hoang, MS, **MBMB** Research Lab Manager



Logan Rodgers, MS Anatomy Lab Technician II



Aisha Garnett, MBA Immunization Coordinator and Administrative **Assistant** 



**CLINICAL SCIENCE** 

Alicia Leijia, BS Medical Skills Coordinator



Assistant Director of Medical Skills

#### OFFICE OF RESEARCH



Penelope De Luca Research & DEI Coordinator

#### OFFICE OF FACULTY AFFAIRS AND DEVELOPMENT



Emily Gokun, BSHA, BSPH, Administrative Coordinator

### SBC PRESIDENT LETTER

"Student Doctor."

The first time they call you that, it feels surreal. Like a dream come true, like a compliment, and

sometimes—a surprise. It's not just a title we embody and live up to, it's an oath. A promise to be a warm face at the patient's bedside, a testament to the stacks of textbooks and overflowing Google Drives we've committed to memory, and a hope that one day when someone asks you for a treatment plan, you'll know the right answer.

But as shocking and fast as we became Student Doctors, it is not a title that lasts. It is merely a flash in the span of our lives, and before you have time to finish reading the recipe, it's all over. This year, before we had the chance to blink, first year students became second, pre-clinicals thrust us into clinics and hospitals, and our "Student Doctors" became Residents.

It's a beautiful and difficult transformation, and one hopes to have learned some things during this time, but it is not always obvious how far you've come until you look behind you to who you used to be. As students and humans who always strive for growth and improvement, we always look at the next step and tackle the challenges we face to get better. So in your endeavors, remember to take a glance behind you. Revisit yourself, your aspirations, your goals, and your experiences, and love and appreciate how beautiful your journey has been.

To every Student Doctor here at CNU: You are a master in the making. The pride and joy that comes with your accomplishments inspires hope and passion in every one of us. Move forward with confidence and vigor, and stay true to your oath.

With Admiration,

## NILOUFAR SAEED TEHRANI President of the California Northstate University College of Medicine 2024-2025



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# CLASS OF 2025 PRESIDENTS' LETTER

Hi besties,

We're at the end of our last dynamite year together! All those late nights studying and hours spent at the hospital have finally paid off, and we're all about to head off to exciting new adventures in residency.

Over these past four years, we've laughed and struggled together, creating special bonds that are truly like no others. We've seen each other at some of our lowest points and been able to support one another through them. We've celebrated exciting moments and shared so many laughs and memories. Through all the chaos and craziness that has been our medical school journey, we have grown a special community here that will continue to connect us no matter where life takes us next.

It's been our privilege and honor to serve as your class presidents, and we're so proud of everything our class has achieved. We look forward to seeing how we all continue to grow into amazing doctors during residency and continue to touch the lives of patients everywhere!

For the last time, HAGS:)

Esther & Faith



## **CLASS OF 2025**

Natasha Arief Arya Asghari Ishaq Aslam Jashandeep Bajaj Amir Bakhshi









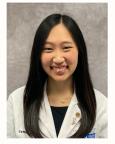


Victor Berkland Leah Bourgan Lauren Burney Esther Chang Rita Chang











Ellen Chao Lawrence Chen Shawn Cho Emily Chou Allen Dang











Amy Dao Pauldeen Davejan Nikhil Davuluri Nabeal Dean Emilie Decavel-Bueff











Cobi Diaz Emma Dixon Zoe Dove Rohit Duda Sania Elahi





















Veronica Gandara Antoine Ganivet Brian Gao Thomas Gasbeck Bardia Ghayoumi











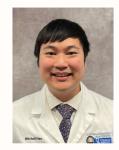
Austin Ghera Victoria Giang Nadejda Godoroja Kartik Goswami Caroline Goswami











Maggie Grazela Jenna Hakel Teza Harrison Aidan Healy Mitchell Hee



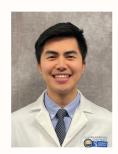






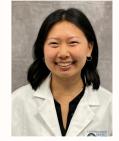


Dorsa Heydarlou Lauren Hisatomi Nadine Horneck Satori Iwamoto Ellis Jang







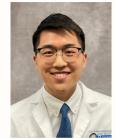




Alex Jiang Preny Karamian Harikumara Kathi Ae-Rhee (Lilian) Kim Siddharth Kurkure

Prasanth Kurup Ethan Kwong Stephen Lai Kristie Lau Austin Lee











David Lee Hsin Yu (Caleb) Lee Anthony Li Mengyao Liu Beverly Lo











Bhagvat Maheta Aimee Miller Christopher Miller Pierce Mitchell Gary Moy











Bahaar Muhar Hannah Neiger Camille Ng Jennifer Ng Howard Ngo











Thien Nguyen Stevyndennis Onggo Johann Park Amy Patel Kathleen Pavy

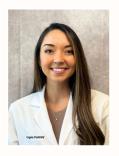




















Angela Penney Edward Qiao Austin Qiu Derick Quach Joel Rabara











Ruojie (Jessica) Ran Mark Reed Michael Roche Maria Sandhu Yui Seo









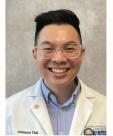


Trevor Short Gagandeep Singh Gursimran Singh Upraj Singh Faith Sumandea











Amreen Sunil Kyle Taing Alexandra Tan Johnson Thai Brooke Tobias











Aleksandar Toshich Tiffany Tran Theresa Trieu Tatiana Vasquez Neha Vonter

Himanshu Wagh Richard Wang Katrina Waters Agnieszka Witanis Olivia Wu





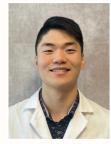






Lily Xu Justin Yu Savannah Zemeida









# CLASS OF 2026 PRESIDENTS' LETTER

Dear Class of 2026,

It's hard to believe how far we've come. Just a year ago, we stood at the edge of our clinical years, feeling excited, uncertain, and eager to finally step into the world we had spent so long studying. Now, as we round out our third year, it feels surreal to look back and see just how far we've come..

This past year has tested and shaped us in ways no lecture ever could. We've stood at patients' bedsides, scrubbed into surgeries, delivered difficult news, and shared in moments of healing and hope. We've learned to balance the art of medicine with its science, and in the process, we've begun to find our footing not just as students, but as future physicians.

As we look ahead to fourth year rotations, residency applications, and the final stretch of medical school, it's easy to become consumed by what's next. But let's not lose sight of what we've already accomplished and the friendships, memories, and bonds we've built along the way. The journey of medical school is what makes this process so special, and every challenge we face is designed to build us up, even if that means it breaks us down at first.

It has been a privilege continuing to learn alongside you all, and to see the growth and progress we have achieved together. We are forever proud to call you classmates, colleagues, and friends.

All that's left to say: three down, one to go. Here's to the excitement and joy of fourth year!

Your class presidents, Kayvon and Pina

## CLASS OF 2026

Ihab Abed Yavar Abgin Nazanin Ahmadian Ifrah Ahmed Muzammil Akhtar Meraj Alam Lara Ali









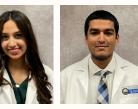






Noorhan Amani Esha Aneja Ubaid Ansari Katherine Arnott Milo Aviles Chirag Bisht Dev Brahmbhatt







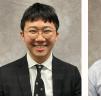






Anuj Budhiraja Alvan Cai Carter Chan Karina Chan David Chen Vincent Chen Nicholas Chicoine

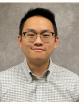














Ashley Christensen
Cortney Connor
Dylan Cooper
Aaron Creswell
Roopreet Dab
Sabrina Dallas
Dina Doustmohammadi















Aakriti Dua Shawyon Ezzati Megan FitzPatrick Sarah Fung Joseph Ghaly Brielle Goldstein Jake Gordon















Andrew Goulian Kanika Gulia Gubidxa Gutierrez Seymour Garrett Henkle Lindsay Hewitt Elijah Huang Christiane How-Volkman

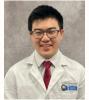














Matthew Hyer Mary Jabari Muhammad Karabala Mariam Khalil Ramy Khalil Noorafsha Khan Cynthia Kim













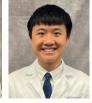






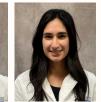










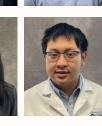












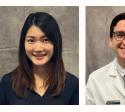






Stacey Nguyen Ashley Niu

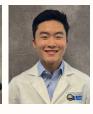
Maigrie McDougal Emma Mcintyre Alisha Mehta Robert Monroe













Anna Okabe Alexi Omid Arman Omid Olaoluwapo Omoleke Lauren Ong David Park Hannah Park















Jay Patel Akash Pathak Kaila Polizzi Shehzaib Raees Amrita Ravi Daniel Razick Meghana Renavikar















Michael Richards Carolina Rodriguez Orozco Samuel Salib Erik-matthew Sario Romteen Sedighi Gourabi Giuseppina Simone Kayvon Solaimanpour











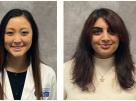




Burhaan Syed An Phuc Ta Ethan Tabaie Isabel Taguinod Jie Tang Ashita Tanwar Vince Thomas



















Anhtho Tong Giselle Tran Bhavna Trehan Kevin Truong Nathaniel Tsai Sally Tu Amanda Wang



Cameron Ward Jimmy Wen Jesse Wong Tiffany Wong Abigail Zaratan Hannah Zhang

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# CLASS OF 2027 PRESIDENTS' LETTER

Dear Class of 2027,

Another 31 newsletters later, let's take a moment to pause and appreciate just how far we've come. From the depths of all 11 blocks to the heights of surviving Step studying, we've tackled some of the most challenging—and rewarding—material of our careers.

Remember those endless hours staring at track and site selections, decoding cryptic abbreviations, and cramming medical skills until all the M1 knowledge finally got summoned back to our brains? Or the collective delirium of Step studying, where every UTI case was forever haunted by the ghost of "E. coli, E. coli, E. coli"? (Shiv, we salute you.) We endured the Great Lecture Recording Technology overhaul, said goodbye to the anatomy lab (and its fun Frito smells—shoutout to Logan, whose office remains a safe haven for the brave). And let's not forget the sheer talent on display at this year's show—proof that our hidden talents go far beyond memorizing pathways.

But here's the thing: We're ready, it's all starting to come together. The dots are connecting. Those late-night study sessions, the panicked pimping drills at medicine rounds, the moments of "Wait, I actually know this?"—they've given us the tools to thrive. And while clerkships will undoubtedly throw surprises our way, let's make sure the only real shock, like Dr. Sheffield always says, is a surprise birthday cake.

So here's to us—for making it through, for lifting each other up, and for the countless memories we've built along the way. The best part? We're just getting started. Let's step forward with the confidence of people who've earned their place. Lean on each other. Laugh when we can. And remember: We've got this.

Yours Truly, Cindy and Emily



Dana Aboukhalil Esther Ahn Samone Alexander Layla Ali Moosa Arif Shaheryar Asad Robert Augustynski

Mark Bachir Sugamjot Badhan Tony Baldini Manya Bali Maryann Batiste Carter Bernal Ethan Bernstein

Guneet Bindra Brandon Bol Mia Borlongan Arleigh-Ann Byer Hannah Chang Kimberly Chang Sean Chang

> Cyrus Cheung Darin Cheung Evan Cho Luke Cho Won Jin Choi Cole Dawdy Andrew Doan

Jessica Doan Shannon Dwyer Alice Emole Michelle Fernando-Kammalage Ritu Gaikwad Gurkiranjeet Gakhal Amidala Arya Geetaumesh

> Marina Georgies Dinesh Giri Vanshika Goyal Ali Hassan Iyawnna Hazzard Aarin Pham-Hong Alexandra Hong

Julia Howard Neil Hsu Emma Hutchison Tri Minh Huynh Steven Ibrahim Justin Ji Gabriel Johnson

Sean Johnson Bethany Joy Adan Junaid James Jung Shilpi Kalra Prathyusha Kandala Soham Kondle

Elizabeth Kouch Adira Kruayatidee Puja Kulkarni Preyasi Kumar Brian Kwan Andrew Lam Christopher Lane Jr.



















































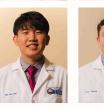


















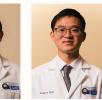




















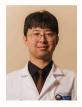


















Jared Leapart Andrew Li Tianyu (Cindy) Luo Richard Ma Michayla Mabourakh Deeksha Mamidi Dave Manguerra Jr















Chanel Manzano Denise Nadora Angela Nguyen Chisom Nwosu Cameron Ostroot Deeksha Panuganti Shikha Patel















Matthew Phan Rebecca Phelan Jaallan P. Prabaharan Anya Ramsamooj Beshoy Saad Niloufar Saeed Tehrani Jaskarn Sahni















Ahmed Salem Jon Richard Sandell-Zanipatin Nathaniel Sands Amalia Seibel Siddharth Selvakumar Prithvi Setty Gurneet Shaheed















Jean Shanaa Rojin Sharaflari Sarwyn Singh Navyaa Sinha Troy Smith-Bova Mikayla Stabile Ryan Sultzer















Sarah Swerdlow Kevin Tang Mabel Tang Sarah Tang Brittany Ngoc-Nha Tran Emily Tran Alina Truong









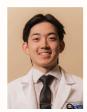








Keith Lawrence Uy Aishwarya Vemulapalli Minh-Khang Vinh Arnav Wadhawan Evan Wang Hannah Wolfson Lindsay Wong



Serena Yi Joy Youn Eric Zhao

Not pictured Ryan Chowdhury Megan Hsu



# CLASS OF 2028 PRÉSIDENTS

Dear Class of 2028,

As we close out our first year of medical school, it's incredible to look back and reflect on how far we've come. From the nervous excitement of orientation to the grueling study sessions, late-night Anki card reviews, and navigating the complexities of our first exams, we've faced it all together, and have come out stronger for it.

It has been a year of growth, both academically and personally. We have learned to master not only the content but the art of balancing it all. Whether it was configuring the ideal Anki settings or perfecting our study routines, we've figured out how to make it work, together. We supported each other from the beginning: sharing resources, organizing group hangouts, and simply being there for one another.

And who could forget Dr. Cusick's unforgettable song parodies? We'll forever associate his catchy tunes with those late nights spent preparing for exams and how much we've learned. Speaking of exams, the high class averages we've achieved are a testament to the hard work, dedication, and determination that define the Class of 2028. Every challenge we've overcome, every hour spent in the library, every flashcard memorized, and every difficult topic tackled, have led us here, ready for the next step in our journey. We've proven that together, we can accomplish anything. The camaraderie, the unwavering support from classmates, and the dedication to our shared goal of becoming the best doctors we can be have made this year unforgettable.

As we continue on this journey, let's take a moment to celebrate what we've achieved and how far we've come. Our first year of medical school will always be a chapter in our story that we'll look back on with pride. Here's to more song parodies, more high class averages, and to the amazing road ahead.

Our Best, Vivian & Nicole

Catherine Abraham Chance Aguiar Adam Ali Orr Amar Zaid Ansari Katelynne Au Maani Bahador















Chris Barnes Sevim Bianchi Maeve Brown Paul Buclez Logan Cantrell Marcus Carrillo Amy Chan















Manju Cheenath HoOn Chong Anjalee Chopra Maya Chu Tommy Clark Pranav Daggubati Audrey Dang















Riley Danna Chidimma Diala Jackson Donald Megan Dudaney Nathan Duong Reggie Fan Ethan Forrer















Luke Geftos Sarah Gorbatov Shreya Guha Everett Han Matthew L. Herman Lyndsey Hightower Jenibelle Hsu



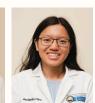








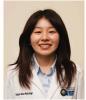




Lucas Huang Hunter Hudgins Sahya Kabutogi Edith Kamara Jake Khalilieh Katherine Kim Ashley Ko















Megan Kou Rohan Kubba Dylan Lahrs Shyl Lamba Sydney Lance Mason Lau Andy Lee















Paul Lee Catherine Li Juwon Lim Sujin Lim Linda Liu Gwyneth Lu Garrett Osaki Mark

















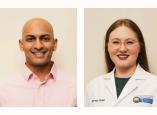














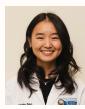










































Daniel Moon Kamilia Moore Justin Mya Anisha Narsam Katelyn Nelson Thi Nguyen Jefferson Norwood







Shaumik Patil Yashar Pourmoghadam Dhiraj Ramireddy Diana Ren Gregory Robinson Sonal Sachdeva Sophie Sankar



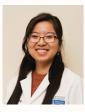
Lee Sasaki Leah Schmirler Harshaan Sekhon Eliette Seo Iftee Shahriar Aditi Singh Mark Soghomonian



Kenneth Thai Teresa Tran Minh Trinh Jasper Tsai Emily Tseng Nicole Turk Snigdha Uppu



Jay Uppuluri Sohree Victor Dan Vuong Daniel Wankmuller Ethan Winter Isaac Wolfkind Samantha Wong



Zarina Wong Alice Yao Seseragi Yasumaru Michael Youn Kasey Yu Emmanuelle Zakheim Mindy Zhang



Ruidi Zhang Stephanie Zhang Vivian Zhu Cameron Zweber

Student Government

## STUDENT BODY COUNCIL



Nilo Tehrani President



Bethany Joy Publicist



Joy Youn Historian



Amidala Geetaumesh Treasurer



Chance Aguiar Vice President



Sahya Kabutogi Publicist Elect SBC Photographer Elect



Tri Huynh SBC Photographer



Mindy Zhang Historian Elect SBC Photographer Elect



Katelynne Au Treasurer Elect



Dana Aboukhalil Student Organizational Leadership Council Member



Navyaa Sinha Student Organizational Leadership Council Member



Hannah Chang Activities Coordinator



Anya Ramsamooj Activities Coordinator



Amy Chan Student Organizational Leadership Council Member



Samantha Wong Student Organizational Leadership Council Member



Eliette Seo Activities Coordinator Elect



Michael Youn Activities Coordinator Elect

## ORGANIZED MEDICINE



Rojin Sharaflari President



Deeksha Panuganti President



Aarin Pham-Hoang Organized Medicine Resolution Author



Gabriel Johnson Organized Medicine Resolution Author



Michelle Fernando California Medical Association Delegate



Ahmed Salem Sierra Sacramento Valley Medical Society Delegate



Eric Zhao Organized Medicine Executive Administrator



Edith Kamara Vice President



Manju Cheenath Vice President



Garrett Osaki Mark Organized Medicine Resolution Author



Lee Sasaki Organized Medicine Resolution Author



Maya Chu California Medical Association Alternate Delegate



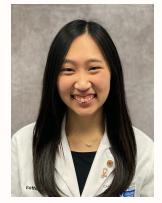
Luke Geftos Sierra Sacramento Valley Medical Society Alternate Delegate



Sonal Sachdeva Organized Medicine Executive Administrator Treasurer

# CLASS GOVERNMENT

### Class of 2025



Esther Chang Co-President



Faith Sumandea Co-President

### Class of 2026



Pina Simone Co-President



Kayvon Solaimanpour Co-President



Lindsay Hewitt Secretary



Muhammad Karabala Treasurer

### Class of 2027



Cindy (Tianyu) Luo Co-President



Emily Tran Co-President

### Class of 2028



Vivian Zhu Co-President



Nicole Turk Co-President



### SUPERLATIVES

#### MOST LIKELY TO BRIGHTEN YOUR DAY



Marcus Carrillo



Bethany Joy

#### **BEST LAUGH**



Dhiraj Ramireddy



Vanshika Goyal

### MOST LIKELY TO HAVE A NEW PROCEDURE NAMED AFTER THEM



Daniel Moon



Molly Seibel

### MOST LIKELY TO CITE CHATGPT AS THEIR SECOND AUTHOR



Orr Amar



Mark Bachir

#### MASTER OF PROCRASTINATION



Everett Han



Esther Ahn

### MOST LIKELY TO HOST A PODCAST





MOST LIKELY TO HIDE FROM THE SECURITY **GUARD TO STAY AT SCHOOL** 



Nathan Duong



Nilo Tehrani

### MOST LIKELY TO WALK PARIS **FASHION WEEK**



Ruidi Zhang



Chisom Nwosu

REAL-LIFE FIRST AID



Nishant Mistry



Amidala Geetaumesh

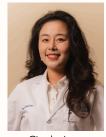
#### DYNAMIC DUO



Chance Aguiar



Nicole Turk



Cindy Luo



**Emily Tran** 

### **SUPERLATIVES**

MOST LIKELY TO MAKE SPELING MISTEKS ON THERE NOTE







Dave Manguerra Jr.

### MOST LIKELY TO BE ON THE BACHELOR/BACHELORETTE



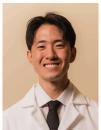
Anjalee Chopra



Rojin Sharaflari

ANKING





HIGHEST AVERAGE BLOOD CAFFEINE CONCENTRATION



Dan Vuong



Anya Ramsamooj

MOST LIKELY TO WIN SURVIVOR



Gregory Robinson



Neil Hsu

MOST LIKELY TO SING A DUET WITH DR. CUSICK



Ethan Forrer



Preyasi Kumar

BEST DAD JOKES



Ronan McOsker



Chris Lane

MOST LIKELY TO BE IN THE OLYMPICS



Megan Kou



Maryann Batiste

MOST LIKELY TO BECOME A MED-FLUENCER



Teresa Tran



Ritu Gaikwad

MOST LIKELY TO PLAY BANGERS IN THE OR



William Mitchell



Brandon Bol

### LIFE OF THE PARTY



Reggie Fan



Kenneth Thai



Serena Yi

Specialty Interest
Groups



### ANESTHESIOLOGY SIG

#### **BOARD**

President: Steven Ibrahim Vice President: Evan Cho Treasurer: Kevin Tang Secretary: Bethany Joy



The mission of Anesthesiology SIG is to foster an interest and understanding of the specialty of anesthesiology among medical students.

The mission of Cardiology SIG is to develop future cardiologists and cardiology-proficient primary care providers that will be helping Americans with their problems guided by knowledge, experience, and compassion.



#### **BOARD**

President: Richard Ma
Vice President: Justin Ji
Treasurer: Arnav Wadhawan
Secretary: Vanshika Goyal
PR Coordinator: Bethany Joy





# CARDIOTHORACIC **d**SURGERY SIG





**President:** Mark Bachir **Treasurer:** Tri Huynh

The mission of Cardiothoracic Surgery SIG is to engage in discussions about the latest developments and forthcoming news in the field of Cardiothoracic Surgery.

The mission of Dermatology SIG is to enrich the education of medical students and promoting exploration within the field of dermatology.

**BOARD** 

President: Cole Dawdy

Vice President: Dave Manguerra Jr.

**Secretary:** Bethany Joy **Treasurer:** Alina Truong





DERMATOLOGY SIG



## EMERGENCY MED SIG





**BOARD** 

President: Khang Vinh

Vice President & Treasurer: Marina Georgies

Secretary: Nate Sands

The mission of the Emergency Medicine SIG is to provide students with exposure to the field of emergency medicine through educational opportunities and practical experience.

The mission of this SIG is to inspire and cultivate a strong interest in facial plastic surgery, while providing opportunities to explore the field in depth through educational events, hands-on experiences, professional engagement, networking, and research opportunities.





Co-President

Vice President





### **BOARD**

**Co-President:** Melod Mehdipour-Mossafer

Co-President: Jefferson Norwood

Vice President: Adam Ali Secretary: Jasper Tsai **Treasurer:** Dylan Lahrs



# FAMILY MEDICINE SIG 2







**Co-President:** Amidala Geetaumesh **Co-President:** Siddarth Selvakuma

**Secretary:** Brittany Tran **Treasurer:** Mabel Tang

The Family Medicine SIG has three main goals. First, to educate CNU students about the scope and practice of Family Medicine. Second, to build a network of FM physicians through which students can foster professional relationships. Third, to provide resources through which students can advocate on the legislation that pertains to FM or primary care physicians.

The mission of the GI SIG is to provide students with a chance to learn more about the specialty and get exposure to GI procedures and connect students to GI physicians for networking, research, and shadowing opportunities.

#### **BOARD**

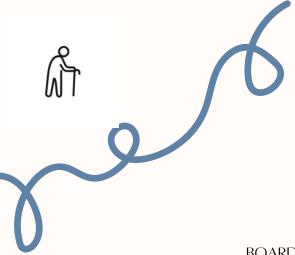
**President:** Ritu Gaikwad **Vice President:** Esther Ahn

**Secretary:** Neil Hsu **Treasurer:** Joy Youn





GASTROENTEROLOGY SIG



**BOARD** 

President: Vanshika Goyal

Secretary: Joy Youn

**Treasurer:** Steven Ibrahim

### **GERIATRICS SIG**



CNU Geriatrics SIG exists to bring awareness to health issues facing older adults, ageism in healthcare settings, and allow students to explore Geriatrics as a potential specialty. As our population ages, more and more physicians will treat older patients, and Geriatrics SIG aims to prepare students to be the best providers they can be.

The mission of the Hospice and Palliative Medicine SIG is to educate CNU students about the scope and practice of HPM, build a network of HPM physicians through which students can foster professional relationships, and to provide resources through which students can advocate on the legislation that pertains to HPM or primary care physicians.



#### **BOARD**

Co-President: Elizabeth Kouch Co-President: Sarah Swerdlow Vice President: Alex Hoang Secretary: Vanshika Goyal

Treasurer: Aarin Pham

HOSPICE AND PALLIATIVE MEDICINE SIG



# INTERNAL MEDICINE INTEREST GROUP



**BOARD** 

**Co-President:** Chisom Nwosu **Co-President:** Brittany Tran

Vice President: Samone Alexander

Secretary: Mabel Tang

**Treasurer:** Marina Georgies

The mission of the Internal Medicine SIG is to help students learn more about the field of Internal Medicine through events and opportunities to connect with local physicians and residents. Internal Medicine SIG plans to hold several occasions to provide students with ways to learn more about the field. We hope to provide avenues to help students interested in IM learn, network, and succeed.

The mission of Interventional Radiology SIG is to provide information on IR procedures and techniques and connect CNU students to practicing interventional radiologists.

### **BOARD**

Co-President: Rojin Sharaflari Co-President: Alina Truong Vice President: Maryann Batiste Secretary: Robert Augustynski Treasurer: Prathyusha Kandala







## STUDENT INTEREST GROUP OF NEUROLOGY (SIGN)

The CNU Student Interest Group in Neurology (SIGN) is one of more than 125 SIGN chapters in the US and Canadian medical schools, in association with the American Academy of Neurology (AAN). Our chapter provides students with opportunities to learn about the field of neurology through seminars with guest speakers, journal club meetings, and procedural workshops (e.g. Lumbar Puncture workshop). SIGN members also have access to exclusive SIGN member scholarships, including the Medical Student Scholarship to the Annual AAN Meeting and the Medical Student Research Scholarship.



**BOARD** 

**Presidents:** Cindy Luo & Joy Youn **Treasurer:** Aishwarya Vemulapalli

Secretary: Preyasi Kumar



The mission of this SIG is to provide students with an outlet to explore neurological surgery as a specialty option, and to assist those interested in neurological surgery with the resources needed to succeed as an applicant and surgeon.

#### **BOARD**

Co-President: Guneet Bindra
Co-President: Shaheryar Asad
Secretary: Maryann Batiste
Treasurer: Jaallan Prabaharan

Outreach Coordinator: Iyawnna Hazzard

M3 Advisor: Ethan Tabaie



Co-President



Treasurer



Co-President



Outreach Coordinator



Secretaru

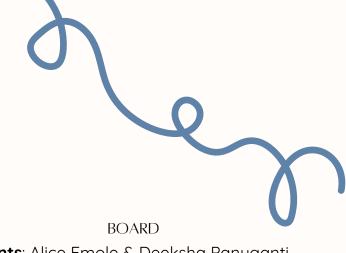


M3 Advisor



# OBSTETRICS & GYNECOLOGY (OB/GYN)





Presidents: Alice Emole & Deeksha Panuganti

**Vice President**: Arleigh-Ann Byer **Treasurer**: Samone Alexander

Secretary: Puja Kulkarni

The OB/GYN interest group is a student-run organization dedicated to educating students about the field of obstetrics and gynecology. This group serves to help students gain more exposure to this field through professional talks, open-table discussions, and campus events. In the past year, the group has hosted a birth delivery walkthrough with Dr. Conrad-Forrest, an OB/GYN mixer that allowed students to interact with local physicians and learn more about potential career options, and a mixer with matching M4's to get advice and learn from their experience.

Our mission is to introduce the field of oncology to students at CNU. We know that oncology is often seen as a challenging field to work in because of the poor prognosis of many patients, but we want to show that the deep connections oncologists make with their patients are unmatched. We aim to provide opportunities for discussion and experience to those interested in oncology and to expand the knowledge of this field among our medical students.



#### **BOARD**

President: Hannah Wolfson Vice President: Mabel Tang Treasurer: Cameron Ostroot

Secretary: Brandon Bol







### **OPHTHALMOLOGY**

Our mission is to support aspiring ophthalmologists in their career development through providing local opportunities for mentorship, service learning and volunteering opportunities in the community, and critical information about the residency matching process.





**BOARD** 

Co-President: Sean Chang Co-President: Vanshika Goyal Treasurer: Angela Nauyen

Secretary: Won-Jin (Wyatt) Choi



The Orthopedic Surgery SIG (OSIG) aims to enable CNUCOM students to engage in the field of orthopedic surgery, a surgical specialty focused on conditions involving the musculoskeletal system. Through hands-on learning demonstrations, service learning, and research opportunities, we aim to facilitate early exposure that allows students to develop a nuanced understanding of the field and cultivate skills beneficial in the pursuit of a rewarding and successful career in orthopedic surgery.

#### **BOARD**

**President:** Carter Bernal

Vice President: Deeksha Mamidi Treasurer: Shaheryar Asad Secretary: Molly Seibel

Social Media Manager: Tri Huynh







Treasurer







### OTOLARYNGOLOGY (ENT)





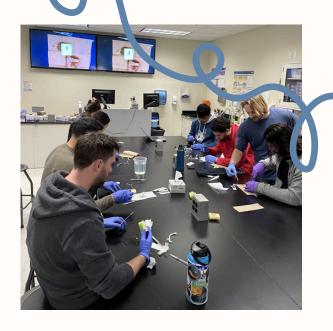


Presidents: Hannah Wolfson & Julia Howard

Vice President: Preyasi Kumar

Treasurer: Brian Kwan

Director of Audiology Clinic: Layla Ali

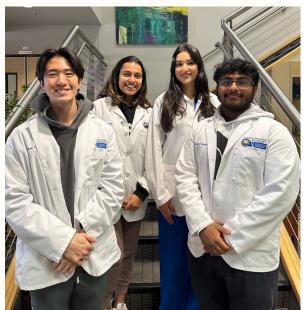


Our mission is to provide CNUCOM students with an early exposure to ear, nose, and throat (ENT) surgery. Through the organization of activities and events, the group aims to educate its members about various ENT topics and discuss questions about the field. Lastly, by supporting student initiatives related to ENT, encouraging interactions with experts in the field, and creating opportunities for members, the group strives to prepare its members for a successful match with an ENT residency.

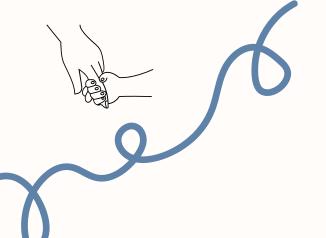
Our mission is to expand knowledge and interest in pathology and its associated subspecialties. Path SIG is led by medical students with primary faculty mentorship from Dr. Raj Ramsamooj with additional guidance from Dr. Guy DiSibio and other pathology physicians. Via our seminars, skill-building workshops, and other activities, Path SIG hopes to increase awareness of various pathology subspecialties and provide further mentorship for students considering a career in this exciting field.

#### **BOARD**

President: Sugam Badhan Vice President: Ritu Gaikwad Treasurer: Soham Kondle Secretary: Shaheryar Asad







### PEDIATRICS SOCIETY







**BOARD** 

Co-Presidents: Serena Yi & Aishwarya Vemulapalli

Vice President: Fmma Hutchison

**Treasurer:** Brittany Tran

Outreach Coordinator: Vanshika Goyal





Coordinator

The CNU Pediatric Society's mission is to cultivate interest in pediatrics and pediatric subspecialties, provide networking opportunities, promote community outreach, and prepare students for pediatric residency training.

Our mission is to promote student awareness and engagement to explore this unique field. Through guest lectures, community service, and shadowing/research opportunities, we give students the resources to learn about the many facets of this growing field.

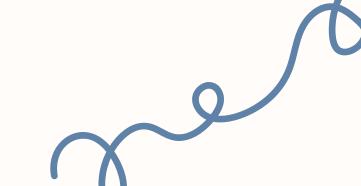
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#### **BOARD**

President: Shannon Dwyer **Treasurer**: Ethan Bernstein Secretary: Chisom Nwosu

PHYSICAL MEDICINE AND REHABILITATION (PM&R)



### PLASTIC SURGERY



#### **BOARD**

**President**: Adira Kruayatidee **Vice President**: Carter Bernal

Treasurer: Puja Kulkami Secretary: Julia Howard



President



Vice President





Our mission is to provide a collaborative and supportive community for students interested in learning about a career in plastic surgery. We hope to expand our understanding of the field by hosting talks with specialists discussing different cases, techniques, and various subspecialties. Our Interest Group was also formed with the intention of helping our members gain personal experience by attending conferences and pursuing opportunities revolving around shadowing, research, hands-on workshops, and events where students can interact with faculty and residents. Finally, with interest in such a highly desired field, we also focus on sharing resources and guidance to enhance applications for Plastic Surgery and all other competitive residency positions.

The mission of this SIG is to be an inclusive, student-led organization that provides medical students with the opportunity to network and learn about the field of psychiatry.





Treasurer



**BOARD** 

**President**: Kishore Bharadwai

Vice President: Siddharth Selvakumar

**Treasurer**: Siddharth Selvakumar

Secretary: CNU Student



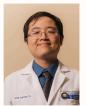
PSYCHIATRY



# PULMONARY & CRITICAL CARE

**BOARD** 

President: Keith Lawrence Uu



Our mission is to educate the CNU community about what it looks like to work in Pulmonary and Critical Care such that students have a better idea about what the field has to offer. By exposing students to the field prior to clerkships, the SIG can help students make a more informed decision about whether to consider pulmonology as a future specialty. We hope to raise awareness for pulmonary illnesses and donate to pulmonary causes through fundraising for related nonprofits (Pulmonary Fibrosis Foundation, American Lung Association, etc).

Our mission is to provide students at CNUCOM exposure to the world of sports medicine through talks given by interesting guest speakers. Our goal is to offer connections to fellow peers interested in sports medicine and leading physicians in our community while providing engaging hands-on experiences.

#### **BOARD**

Presidents: Jean Shanaa & Shannon Dwyer

Treasurer: Darin Cheung Secretary: Molly Seibel



Co-President



Co-President





Secretary



SPORTS MEDICINE

### SURGERY









BOARD

President: Jean Shanna

President: Robert Augustynski **Treasurer**: Michayla Mabourakh Secretary: Adira Kruyatidee



The Surgery Interest Group at California Northstate University College of Medicine is committed to promoting career exploration and development for medical students who are interested in Surgery, and giving every student the opportunity to learn and become a leader in surgery. We strive to help students build connections in the field through shadowing opportunities and interaction with current surgeons and fellows.

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Student Associations

&

Elinical Groups



### AMERICAN MUSLIM MEDICAL STUDENT ASSOCIATION (AMMSA)









**President:** Ahmed Salem Vice President: Layla Ali Treasurer: Ryan Chowdhury Secretary: Iyawnna Hazzard

Community Outreach Coordinator: Saheryar Asad





Secretaru

Community Outreach Coordinator

The mission of AMMSA is to empower American Muslim medical students by providing opportunities for excellence in spiritual growth, professional development, and community building.

The mission of AMWA is to bring together those in medicine and health-related fields to promote women's health and to support members' professional and personal development.









**BOARD** 

Presidents: Cindy Luo & Denise Nadora

**Treasurer:** Alina Truong

Secretary: Michayla Mabourakh

AMERICAN MEDICAL WOMEN'S ASSOCIATION (AMWA) - 56 -

# ASIAN PACIFIC AMERICAN MEDICAL STUDENTS ASSOCIATION (APAMSA)



#### **BOARD**

President: Brittany Tran Vice President: Joy Youn Treasurer: Wyatt Choi Secretary: Mabel Tang





The Asian Pacific American Medical Student Association (APAMSA) is a national organization that provides leadership and education opportunities for pre-medical and medical students looking to address the unique health challenges of the Asian American and Pacific Islander American population. We foster the connection between students as a means to address disparities, unify, and embrace the cultural differences among the Asian population. Through student-led celebrations of multiculturalism and guest speaker presentations, our members learn about the nuances of diversity that may impact the clinical practices of future physicians. We advocate for our community through participation in bone marrow drives, national conferences, health fairs and much more.

The mission of AWS is to create a community of support and mentorship for aspiring women surgeons at California Northstate University College of Medicine.



#### **BOARD**

President: Adira Kruayatidee Vice President: Shilpi Kalra Treasurer: Puja Kulkarni Secretary: Deeksha Panuganti

Outreach Coordinator: Iyawnna Hazzard Social Media Coordinator: Manya Bali Faculty Advisor: Dr. Jenny Boakes



ASSOCIATION OF WOMEN SURGEONS (AWS)

# CNU MED-ED INITIATIVE





**BOARD** 

President: Mabel Tang

Vice President: Mohammad Ali Hassan

**Treasurer:** Deeksha Mamidi **Secretary:** Michayla Mabourakh

The mission of the MedEd Initiative is to empower refugees in the Sacramento region by providing accessible medical education, resources, and support.

The mission of CMF is to build a welcoming community at CNU that explores Christianity and the intersection between faith and medicine.



**BOARD** 

President: Luke Cho

Vice President: Hannah Chang

**Secretary:** Bethany Joy

# CHRISTIAN MEDICAL FELLOWSHIP

### LATINO MEDICAL STUDENT ASSOCIATION

(LMSA)

**BOARD** 

President: Rebecca Phelan

Vice President: Jon-Richard Sandell-Zanipatin

**Treasurer:** Chanel Manzano Secretary: CNU Student







The mission of this SIG is to promote the development and representation of Latina/o/x/e students in medicine and improve healthcare for Latina/o/x/e communities through service, mentorship, education and advocacy.

The mission of Medical Students for Choice is to advocate for reproductive justice and raise awareness about abortion care



Co-President



Co-President: Deeksha Panuganti

Co-President: Sarah Tana

**Treasurer:** Jon-Richard Sandell-Zanipatin



Treasurer

MEDICAL STUDENTS FOR CHOICE

### QUEER MEDICAL STUDENT ASSOCIATION (QMSA)





**BOARD** 

**President:** Cameron Ostroot Treasurer: Rebecca Phelan

Secretary: Michelle Fernando-Kammalage

Social Chair: Cole Dawdy

The mission of this SIG is to build an accepting, judgement-free environment and foster community amongst our LGBTQIAA+ students, staff members, and faculty at CNU COM. We will promote inclusivity and tolerance while educating others on disparities in and out of healthcare faced by LGBTQIAA+ members.

RJOS is an organization dedicated to supporting and networking women orthopaedic surgeons since 1983 and currently mentors' members from medical students to practicing surgeons (but is open to all). The Ruth Jackson Orthopaedic Society Interest Group at California Northstate University is dedicated to enriching the education of medical students and promoting exploration within the field of Ruth Jackson Orthopaedic Society. We are committed to providing students the opportunity to connect with and build relationships with experts in the field.







**BOARD** 

President: Mengyao Liu Vice President: Olivia Wu Treasurer: Deeksha Mamidi

RUTH JACKSON ORTHOPEDIC SOCIETY (RJOS) CLUB

### SOUTH ASIAN MEDICAL STUDENT ASSOCIATION (SAMSA)







**BOARD** 

President: Gurkiranjeet Gakhal

Treasurer: Layla Ali

The South Asian Medical Student Association (SAMSA) is a student interest group that aims to provide support and resources to medical students of South Asian heritage, as well as those interested in South Asian health and medicine.

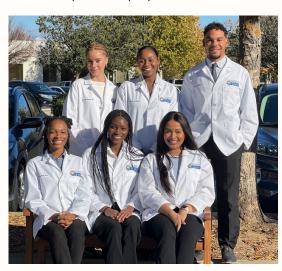
The Student National Medical Association at CNU is a dedicated organization committed to fostering a supportive community for underrepresented minority medical students. With a mission grounded in social consciousness and clinical excellence, the aim is to cultivate future physicians who are not only academically proficient but also deeply attuned to the needs of diverse patient populations.

#### **BOARD**

Co-President: Arleigh-Ann Byer

Co-President: Alice Emole **Treasurer:** Jared Leapart

Internal Outreach Coordinator: Chisom Nwosu External Outreach Coordinator: Iyawnna Hazzard



STUDENT NATIONAL MEDICAL ASSOCIATION

### STUDENTS FOR RARE



BOARD:

Co-President: Kishore Bharadwaj

**Co-President**: Shikha Patel **Treasurer:** CNU Student **Secretary:** CNU Student

The mission for Students for Rare is to spread awareness and recognition of rare diseases, to establish professional relationships, and to promote career opportunities within the rare disease space.

### CLINICA TEPATI





#### **BOARD**

CNU Chair/Interclinic Liaison CoD: Shilpi Kalra

**Quality Assurance CoD:** Brittany Tran **Finance/Pharmacy CoD:** Puja Kulkarni **Legal/Preceptor CoD:** Sarah Tang

Finance Officer: Joy Youn

**Preceptor Officer:** Deeksha Panuganti **Training Officer:** Sean Johnson **Special Projects Officer:** Brian Kwan

Clínica Tepati operates under a three part mission of healthcare, education, and advocacy. Clínica Tepati provides basic healthcare services and health education to the underserved Latino community. Undergraduate and medical students learn first-hand clinical experience in a respectful environment that fosters educational exchange and helps each student become a conscientious and compassionate individual.

The mission of this SIG is to provide high-quality, patient-led medical care for people experiencing homelessness (PEH). We meet the needs of the people we serve where they are – on the streets and encampments throughout Sacramento.





#### BOARD

Co-President: Amalia Seibel Co-President: Sarah Swerdlow Treasurer: Siddharth Selvakumar Secretary: Niloufar Saeed Tehrani

# SACRAMENTO STREET MEDICINE

### SEVA CLINIC



**BOARD** 

President: Soham Kondle Vice President: Guneet Bindra

Treasurer: Tri Huynh

Clinic Managers: Beshoy Saad & Vanshika Goyal

Outreach Coordinator: Layla Ali



Our mission is to establish free healthcare clinics for the underserved Southeast Asian community located in local Sikh Temples in the Greater Sacramento Area to serve the Asian Indian community.

Our mission is to provide access to quality healthcare to underserved populations in Sacramento and involve medical students in addressing and solving the problems of health care, public health, and health care delivery.



President



Vice President



Treasurer



and Training CoD

**BOARD** 

President: Ahmed Salem Vice President: Layla Ali Treasurer: Ryan Chowdhury Secretary: Iyawnna Hazzard

External and Outreach CoD: Shaheryar Asad Recruitment and Training CoD: Dana Aboukhalil





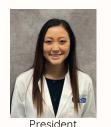
Outreach CoD



Special Interest Groups

### ABILITY IN MOTION

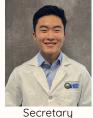
(AIM)













ry Outreach Coordinator

**BOARD** 

**President:** Giselle Tran

Vice President: Hannah Park Treasurer: Sean Johnson Secretary: David Park

Outreach Coordinator: Emma Hutchison

The mission of this SIG is to further the mission of ACEing Autism by centralizing and connecting a motivated student body to the founding organization.





President

Vice President





Treasurer

Outreach Coordinator

**BOARD** 

President: Mia Borlongan Vice President: Guneet Bindra Treasurer: Michayla Mabourakh

Social Outreach Coordinator: Alina Truong



### ANATOMY ACADEMY







BOARD

Presidents: Emily Tran & Jessica Doan

**Treasurer**: Shikha Patel **Secretary**: Prithvi Setty

Anatomy Academy is student-run organization committed to the science, health, and physical education of children living in underserved communities in Sacramento and Elk Grove. By fostering relationships within the community, we aim to promote healthy living and to encourage the pursuit of higher education through teaching anatomy and basic nutrition. Our mission statement to provide a sustainable infrastructure that brings together students, faculty, and community members in an effort to combat health disparities through educational intervention.

The mission of the Badminton Interest Group is to promote the health, camaraderie, and teamwork of the student body through the sport of badminton.

#### **BOARD**

President: Justin Mya

Vice Presidents: Sonal Sachdeva & Mason Lau

Treasurer: Sophie Sankar

Captain: Richard Ma

**Vice Captain:** Garrett Osaki Mark



President



Vice President



Vice President



Treasurer



Captain



Vice Captain



BADMINTON
INTEREST GROUP





#### **BOARD**

President: Jared Leapart

Vice President: Ryan Chowdhury

**Treasurer:** Prithvi Setty

**Secretary:** Dave Manguerra Jr.

The mission statement of this SIG is to create a common space for basketball players and enthusiasts as well as promoting health and fitness on our campus.

The mission of this SIG is to train CNUCOM students in blood drawing techniques, so they may draw blood safely & efficiently in a clinical setting.



Co-President



Co-President



Treasurer



Secretary

### **BOARD**

Co-Presidents: Maryann Batiste & Tri Huynh

**Treasurer:** Amidala Geetaumesh **Secretary:** Aishwarya Vemulapalli



### BUSINESS OF MEDICINE







Co-President

Co-President

Treasurer





Secretary

**Public Relations** 

**BOARD** 

Co-Presidents: Beshoy Saad & Layla Ali

Treasurer: Steven Ibrahim Secretary: Alina Truong Public Relations: Tri Huynh

Our mission is to foster professional, financial, and practical literacy through educating CNU medical students about the intricate nature of modern-day health care delivery systems. We hope to prepare current student physicians-in-training with a skill set that will enable serious lifelong career planning and sustain a thriving practice model, while supporting a balanced mental outlook. Additionally, we want to provide an early education on how to make wise practice decisions in today's sophisticated medical industry is essential to allow effective patient-centered care while honoring individual personal and professional goals.

The mission of this SIG is to provide pre-medical students mentorship opportunities, helping them prepare for medical school requirements and plan for the application cycles.







No Image

**BOARD** 

President: CNU Student Vice President: CNU Student Treasurer: Won Jin Choi Secretary: CNU Student



### DANCE SIG





### **BOARD**

Co-Presidents: Stephanie Zhang & Sonal Sachdeva

Vice President: Snigdha Uppu Treasurer: Dhiraj Ramireddy Secretary: Marcus Carrillo

The mission of this SIG is to foster an inclusive dance community on campus and uphold a safe environment for dancers of all levels to express their creativity. We aim to create opportunities for students to learn a variety of dance styles and encourage exploration of the freedom of movement. We also hope to bring dance to the surrounding community through performances and diverse collaborative projects.

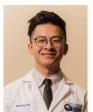
The Exercise Is Medicine SIG at California Northstate University is dedicated to enriching the education of medical students and promoting exploration within the field of fitness, nutrition, and improving quality of life. We are committed to providing students the opportunity to improve their physical & mental wellbeing and gain deeper insight into how fitness & nutrition knowledge can be applied in clinical practice.



Co-President



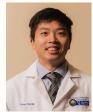
Co-President



Treasurer



Co-Vice President



Co-Vice President



Secretary

#### **BOARD**

Co-Presidents: Michayla Mabourakh & Gabriel Johnson

Vice Presidents: Jared Leapart & Cyrus Cheung

**Treasurer:** Minh-Khang Vinh **Secretary:** Dave Manguerra Jr.

## FENCING SIG



**BOARD** 

**President**: Jon-Richard Sandell-Zanipatin **Vice President/Treasurer**: Sean Johnson





President

Vice Presider Treasurer

The mission of this SIG is to promote the physical wellbeing of students by engaging in a centuries-old sport that will improve endurance, agility, coordination, and reflexes. We aim to instruct students in the basic fencing forms and techniques to provide students with the opportunity to learn new skills as well as gain exposure to the sport of fencing.

At Food4Thought, we believe that food is more than just sustenance - it is medicine, culture, and community. Our mission is to educate and empower future healthcare professionals with the knowledge of nutrition's vital role in health and disease while giving back to those in need. Through meaningful discussions, hands-on experiences, and service-driven initiatives, we bridge the gap between medical education and real-world impact. By providing meals to the homeless and fostering conversations on the intersection of food and medicine, we strive to cultivate a compassionate, informed, and health-conscious society.



Co-Presidents: Ritu Gaikwad & Mark Bachir

**Secretary**: Darren Cheung **Treasurer**: Jallaan Prabaharan





### HUGS IN A BLANKET





**BOARD** President: Camille Na Treasurer: Cole Dawdy

The mission statement of this SIG is to show love and care to community members in need by the giving of new, handmade fleece blankets.

The mission statement of this SIG is "To be a place for students who are passionate about climate change to learn and discuss how climate change has impacted and will continue to impact health care. We hope to create awareness about these topics and encourage students to enact some form of change towards creating a more sustainable and environmentally friendly healthcare system".









**BOARD** 

President: Carter Bernal

Vice President: Ethan Bernstein

Treasurer: Nate Sands Secretary: Brandon Bol

### HUMAN HEALTH AND CLIMATE CHANGE

# HUMANITIES IN MEDICINE













**President**: Mabel Tang Vice President: Ali Hassan Treasurer: Ritu Gaikwad Secretary: Darin Cheung

**BOARD** 

The mission statement of this SIG is to expose our medical school community with various cultures and backgrounds we might encounter in our daily clinical practice. Our goal is to educate our medical students so that they become future physicians who are equipped to deliver culturally sensitive care regardless of which patient population they may encounter.



#### **BOARD**

Co-Presidents: Layla Ali & Iyawnna Hazzard

Vice President: Ali Hassan

Medical Spanish Director: Nilo Tehrani Medical Punjabi Director: Kiran Gakhal

**Cultural Director/Outreach Director:** Brittany Tran





## INFORMATICS SIG 🦃









**BOARD** 

President: David Chen

**Treasurer**: Andrew Goulian

Our mission is to serve as a platform for CNU students to explore health informatics and its prevalence and applications to healthcare today. As technology becomes more integrated with medicine, we hope to facilitate activities intended to inform and guide students in their future careers as physicians.

Knot Your Average SIG is where we specialize in all things knitting/crochet! We hold workshops throughout the year and hope to serve the local community by donating some of our knotty creations to local hospitals and outreach organizations!





**BOARD** 

Presidents: Preyasi Kumar & Jaallan Prabaharan

Vice President: Rebecca Phelan Treasurer: Prathyusha Kandala Secretaru: Michelle Fernando **Head Trainer:** Cameron Ostroot



KNOT YOUR

**AVERAGE SIG (KYAS)** 

# LET'S GET LIT(ERATURE)



### **BOARD**

Presidents: Sohree Victor & Logan Cantrell

Treasurer: Adam Ali

Our mission is to provide an open space for a close-knit community to engage in casual reading and lively discourse in order to promote student wellness. Medical school can often be overwhelming and research has shown reading for pleasure is an effective way to relax, destress, and promote self-care. The goal of this SIG is to encourage positive mental health through reading and healthy discourse. We aim to create a space where individuals can come together and share ideas, discuss art, and enjoy a collaborative social environment.

Our mission is to equip medical students with fundamental magic skills and techniques, enhance patient well-being and experiences through magical interactions, and explore the interplay between performance arts and medicine.



### **BOARD**

Presidents: Suhyoung Ahn & Sarah Tang

**Secretary:** Kimberly Chang **Treasurer:** Darin Cheung

**Volunteer Coordinator:** Shilpi Kalra **Creative Designer:** Dave Manguerra Jr.

Magic Trainer: Kevin Tana



# MAKING THE ROUNDS (RUNNING SIG)



President

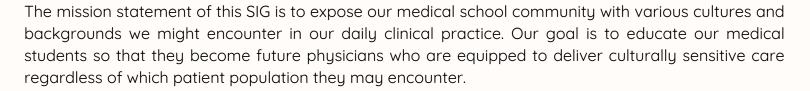




**BOARD** 

President: Carter Bernal Vice President: Laula Ali **Treasurer:** Denise Nadora

Secretary: Joy Youn



The mission statement of this SIG is to expose our medical school community with various cultures and backgrounds we might encounter in our daily clinical practice. Our goal is to educate our medical students so that they become future physicians who are equipped to deliver culturally sensitive care regardless of which patient population they may encounter.





Treasurer



**BOARD** 

Co-Presidents: Kishore Bharadwaj & CNU Student

Treasurer: Jackson Donald Secretary: Gabriel Johnson

# **MEDICAL EDUCATION SIG**

## MILITARY MEDICINE

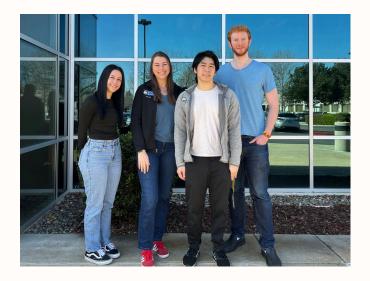


#### **BOARD**

President: Neil Hsu

Vice President: Lexi May Treasurer: Ethan Forrer

Media Outreach: Kamilia Moore

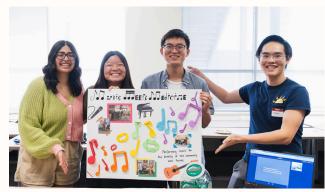


The mission of this SIG is to represent, advocate for, and create community amongst recipients of the HPSP & MDSSP or those who are otherwise interested in military medicine.

The mission of this SIG is to gather musicians with a desire to share their musical abilities through performing for other students, patients, and medical professionals, thereby offering improved mental wellness and decreased stress.



# MUSIC MEETS MEDICINE



### **BOARD**

President: Andrew Doan

Vice President: Kimberly Chang

**Treasurer:** Matthew Phan **Secretary:** Bethany Joy

# NORTHSTATE NOISE







Head of Outreach/Booking



President: Ryan Chowdhury

Treasurer: Layla Ali

Head of Outreach/Booking: Cindy (Tianyu) Luo

Head of Video Production: Tri Huynh

Head of Audio: Ethan Bernstein





Head of Video Production

Head of Audio

The purpose of Northstate Noise is to offer a professional media platform in the format of podcasting that promotes the image, values, and achievements of California Northstate University College of Medicine and its constituents. The SIG will facilitate provoking dialogues pertinent to medicine, showcase school accomplishments, and engage both internal and external communities in a manner that reflects positively on the institution.

#### **BOARD**

Co-Presidents: Anya Ramsamooj & Ryan Chowdhury

**Treasurer:** Shaheryar Asad **Secretary:** Ali Hassan





Co-President



Treasurer

Secretary



# READINESS FOR EMERGENCY SITUATIONS AND CLINICALLY URGENT EVENTS (R.E.S.C.U.E)









**BOARD** 

President: Rojin Sharaflari

Vice President: Gabriel Johnson

Treasurer: Dana Aboukhalil Secretary: Ahmed Salem

The mission of this SIG is to create learning opportunities for medical students to supplement their conceptual medical knowledge with an understanding of practical first aid skills. Ultimately, medical students equipped with this information will be better equipped to recognize and appropriately respond to emergency medical situations.

The mission of this SIG is to promote awareness of food insecurity and appreciation for food through community service, outreach, and social events. They are also seeking to partner with food shelters and soup kitchens in Sacramento in order to donate, prepare, and distribute meals (sandwiches) to the unhoused population and others suffering from food insecurity.





**BOARD** 

Presidents: Everett Han & Yashar Pourmoghadam

Treasurer: Daniel Wankmuller Secretary: Marcus Carillo

Outreach Coordinator: Dhiraj Ramireddy



# SPOTS EDUCATION







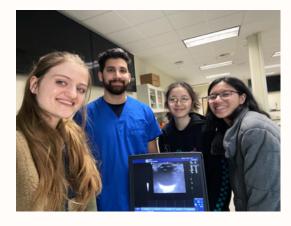
**BOARD** 

**Presidents:** Dawnica Nadora & Alexandra Hong

**Treasurer:** Dave Manguerra Jr.

The mission of this SIG is to raise awareness in preschool through high school students the importance of early detection and prevention of skin cancer.

The mission of CNU Ultrasound Society is to provide medical students with point of care ultrasound training to further the understanding of human anatomy, physiology and disease states in order to augment the traditional medical curriculum and develop exceptional physicians.







**BOARD** 

President: Luke Cho

Vice President: Alina Truong

**Treasurer:** Jon-Richard Sandell-Zanipatin



ULTRASOUND SOCIETY

# **OLLEYBALL**

### **BOARD**

President: Shannon Dwyer
Vice President: Cyrus Cheung
Treasurer: Jaallan Prabaharan
Secretary: Arnav Wadhawan



The mission of this SIG is to allow CNU students to share their interest and appreciation for volleyball in an organized group setting and continually strengthen their minds and bodies while having an outlet for having fun.

The mission of this SIG is to enable medical students to explore the field of Wilderness Medicine through community physicians, guest lectures, and workshops while also providing opportunities for medical students to develop knowledge and practical skills relevant to outdoor sports and exploration with an emphasis on safety, low-resource medical care, and survival.



### **BOARD**

**President**: Dhiraj Ramireddy **Vice President**: Iftee Shahriar

**Treasurer**: James Jung **Secretary**: Teresa Tran



# WELLNESS COMMITTEE

A committee of faculty, staff, and students committed to the physical and mental well-being of students in the COM. We achieve this by fostering the non-academic hobbies that make us all unique and give us meaning outside of our career paths. Our main events include Wellness Day, WWAFD, the Big/Little Sib program, monthly meetings, and more!









Student Co-Chairs: Michelle Fernando & Matthew Phan

Vice Chairs: Cindy Luo & Richard Ma

Wellness Officers: Wyatt Choi & Jaallan Prabaharan Voting Members: Cindy Luo & Nathaniel Sands

Publicist: Tri Huynh

Big/Little Outreach Subcommittee Leads:

Kishore Bharadwaj & Emily Tran

Mental Health Subcommittee Lead: Esther Ahn
Walk with a Doc Subcommittee Lead: Carter Bernal
Nutrition/Gardening Subcommittee Lead: Darin Cheung

Arts & Crafts Subcommittee Lead: Prithvi Setty

**Undergraduate Mentorship Subcommittee Lead:** Kimberly Chang **High School Mentorship Subcommittee Lead:** Denise Nadora







### DIVERSITY IN MEDICINE

Diversity in Medicine is an annual, week-long summer camp for high school and undergraduate students to explore the field of medicine. The camp's mission is to empower future generations of healthcare professionals while emphasizing the importance of diversity. Camp attendees are able to participate in interactive workshops where they learn to suture, draw blood, administer first aid, and more! The camp is run by passionate student volunteers who seek to provide uplifting experiences and mentorship opportunities for young people in the surrounding community.



























# M1/M2 MIXER

Hosted by the Big/Little Subcommittee and the Wellness Committee, the M1/M2 Mixer brings together first- and second-year students to connect and share stories and advice. This event gives newly paired mentors and mentees the perfect opportunity to meet, mingle, and build relationships before the busy academic year kicked off.































responsibilities associated with joining the profession.







# WHITE COAT CEREMONY



## CLUB DAY

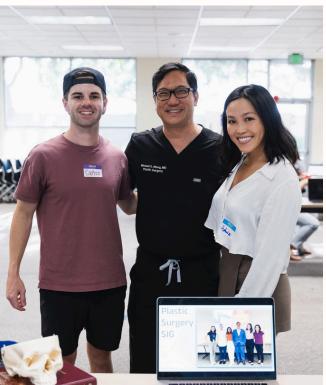
Club Day is an annual event where student interest groups and student associations showcase their organizations and opportunities to the incoming M1 class. Representatives from a wide range of groups table to share information, answer questions, and recruit new members. The event allows students to explore extracurricular interests, connect with peers, and get involved in the broader medical school community.

















# Wellness Zoo DAY



10.9.2024



The Wellness Committee hosted Zoo Day to celebrate Mental Health Week! Students had a relaxing day off from school, enjoying the company of furry friends. Dr. Pai delivered the keynote address, highlighting the significance of promoting mental health and wellbeing.

























Boo! CNU medical students celebrated the spooky season with friends, faculty, and good food. Students also participated in a number of scary challenges, including costume and pumpkin pie eating contests.

# HALLOWEEN BASH

# Día de Los Muentos & Diwali

11.6.2024











Students celebrated Dia de Los Muertos & Diwali together on this special day. Dia de Los Muertos, an indigenous Mexican holiday that hoors lost loved ones, sharing their photos to an altar and telling their stories. Students also celebrated Diwali with candles, henna cones, and music. Diwali is a festival of lights where the triumph of good over evil is celebrated.











## TALENT SHOW

Each year, the CNU Talent Show brings together students and faculty for an evening of entertainment and creativity. From musical performances to dance, magic, and more, the event showcases the wide range of talents within our community!





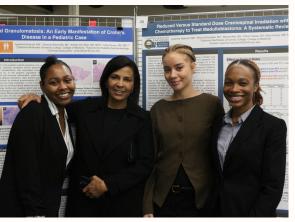








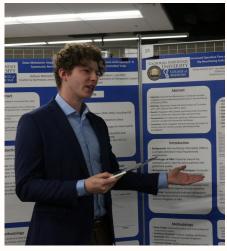




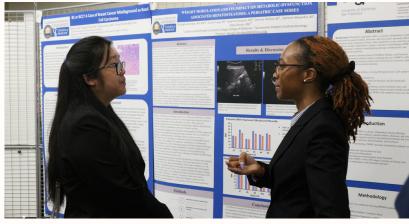


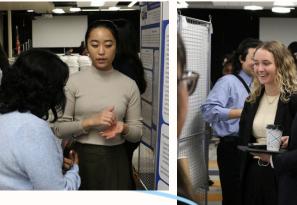












# RESEARCH DAY



## LUNAR NEW YEAR

In celebration of Lunar New Year and Asian Heritage Month, the Asian Pacific American Medical Student Association (APAMSA) helped put on this event to highlight the rich cultural traditions and heritage of Asian communities. The Lunar New Year celebration featured food, performances, and activities that brought students together to honor the holiday.















## MED BALL

CNU medical students danced the night and stress away at our annual Med Ball event!

































Match Day marks one of the most anticipated moments in medical school, as M4s across the country learn where they will be continuing their training as residents. Surrounded by classmates, faculty, family, and friends, students opened their envelopes and celebrated the next step in their medical careers. This year, CNUCOM proudly celebrated a 100% match rate, a reflection of the hard work, dedication, and resilience of the Class of 2025.







## MATCH DAY



# CNU PETS









Calcifer



Kimchi



Katsu



Perdita



Bebe



Kiara



Choppy



Dexter



Ember

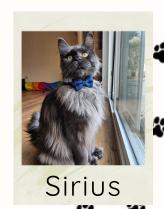


Dalgi





Pepper



Luna













# STUDENT



































CLASS OF 2025

### CLASS OF 2026





CLASS OF 2027

### CLASS OF 2028



### YEARBOOK COMMITTEE

A heartfelt thank you to the entire Yearbook Committee for your creativity, dedication, and countless hours of work bringing this project to life. Thanks to all your hard work in designing every page with care, we're able to weave together a beautiful reflection of our year and our community!

### MEMBERS OF THE YEARBOOK COMMITTEE 2024–2025:

Ali Hassan
Ashley Ko
Bethany Joy
Brian Kwan
Dave Manguerra Jr.
Kevin Tang
Lyndsey Hightower
Neil Hsu
Prathyusha Kandala
Ritu Gaikwad
Samantha Wong
Tri Huynh
Vanshika Goyal
Vivian Zhu

We hope this yearbook serves as more than just a collection of moments; it's a celebration of the threads of connection that tie us all together. May these pages remind us of how we've grown, supported one another, and continue to stay connected wherever we go.

Joy Youn, Historian Mindy Zhang, Historian Elect 2024–2025

# SIGNATURES

